

Iqra Islamic School | Pre-Kindergarten–Grade 5 | October 2026

October 12, 2026

Section 1. General Information

Item	Assessment information
School(s) included	Iqra Islamic School, 2824 13th Avenue South, Minneapolis, MN 55407 (Pre-K–5)
Month and year of assessment	October 2026
Last wellness policy revision	September 25, 2026 (approved policy)
Policy location	https://iqra-mn.org/wp-content/uploads/2026/10/Iqra-Local-Wellness-Policy.docx-1.pdf (reported and confirmed by school leadership)
Previous assessment	None

Section 2. Wellness Committee Information

Meeting frequency: One meeting per school year, as reported. Most recent meeting: September 2026. The approved policy calls for at least TWO committee meetings per school year; this discrepancy is an improvement item.

Name	Role / relationship	Assessment capacity
Muna Osman	Teacher / designated wellness coordinator	Wellness lead
Khaleef Warsame	Executive Director	School administration / oversight
Khadra Bin-Hassan	Teacher	Committee participant
Nafisa Ali	Teacher	Committee participant
Ruwayda Abdulkadir	Teacher	Committee participant

Section 3. Comparison with Model School Wellness Policies

Comparison reference: MDE Local Wellness Policy Checklist (MDE059281) and the subject areas identified in the MDE Triennial Assessment Template (MDE058904). No WellSAT 3.0 score has been generated; a formal WellSAT 3.0 worksheet/results should be completed and retained as requested by MDE’s template.

Iqra’s revised September 2026 policy addresses the principal model-policy elements: nutrition promotion and education goals; physical activity and broader wellness goals; USDA school meal and Smart Snacks standards; standards for foods provided but not sold; compliant food and beverage marketing; a designated wellness leader; stakeholder participation; annual public

updates; and triennial evaluation. Compared with this model framework, the school reports gaps in implementing classroom snack/celebration guidance and in meeting its own two-meeting-per-year committee schedule.

Section 4. Compliance and Progress Toward Goals

Policy area	Status	Reported evidence / progress	Next steps
Nutrition promotion and education	Meeting goal	Teachers provide healthy eating/nutrition instruction; school promotes fruits and vegetables.	Retain dated lesson/activity examples for each grade.
Physical education and activity	Meeting goal	Regular recess, PE or other movement opportunities for Pre-K–5.	Keep grade schedules or activity records.
Other school-based wellness activities	Meeting goal	Free drinking water throughout the day and during meals; healthy eating encouraged.	Continue practices and record wellness activities.
Foods sold: meals / Smart Snacks	Meeting goal	Breakfast and lunch follow USDA requirements; no other foods or beverages are sold to students during the school day.	Retain menu/meal records; confirm no competitive sales.
Foods provided but not sold	Partially meeting goal	School has not established or communicated classroom snack/celebration guidance; revised policy now includes standards.	Write brief healthy snack/celebration guidance, notify families/staff, and keep notice.
Food / beverage marketing	Meeting goal	School reports no food or beverage advertising on campus.	Continue limiting any future marketing to compliant products.

Additional implementation finding — Committee schedule

Partially meeting: Iqra reports approximately one wellness committee meeting annually, whereas the September 2026 policy commits to at least two. Action: schedule and document a second committee meeting within SY 2026–27; record agenda, attendance, policy goals reviewed, and stakeholder input.

Improvement Plan and Responsibility

Improvement / evidence needed	Responsible party	Target
Develop and distribute classroom snack/celebration guidelines; retain family/staff notice.	Muna Osman / school administration	During SY 2026–27
Schedule and document a second annual wellness committee meeting.	Muna Osman	During SY 2026–27
Collect records supporting education, physical activity, meal, and water practices.	Wellness coordinator / designated staff	Ongoing
Complete formal WellSAT 3.0 comparison and retain results.	Wellness committee / coordinator	Before final administrative-review submission, if feasible
Publish this assessment and retain screenshot/URL of public access.	School administration	After assessment review

Public Access and Recordkeeping

The school reports that its wellness policy is available on its website. This new assessment should be posted publicly after review, and the live assessment URL or publication evidence retained for Colyar Question 1006. The assessment had not yet been represented as publicly posted at the time this document was drafted.

Assessment Documentation / Review

Prepared on: October 12, 2026

Prepared by: School Executive Director

Reviewed by wellness coordinator / committee: Muna Osman _____

Date: 10/12/2026

Public assessment URL / notice location (after publication): _____

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